in our great State. He served as president of the Montana Association of Agricultural Educators and advocated for the Advancing Agricultural Education in Montana program that helped create over 25 new agriculture education programs in Montana schools and provided funding to improve the quality of existing programs. Recently, Mr. Heupel received the National FFA Organization's highest degree recognizing him for his exceptional service to agricultural education.

Teachers serve an important role as they shape the minds of young Montanans and help prepare them for future careers. Montana has a rich legacy of agriculture, as it is the primary driver of our economy. There is no doubt that Mr. Heupel's passion for teaching about agriculture helped encourage young Montanans to pursue careers in this important field. In fact, nine of his former students have gone on to become agricultural education teachers themselves.

Passionate educators like Mr. Heupel help make Montana a better place and give students the tools they need to be successful. It is my honor to recognize Mr. Heupel for his devotion to shaping the next generation of Montana ag leaders and keeping Montana's rich legacy of agriculture alive. Keep up the great work; you make Montana proud.

REMEMBERING QUINCY RAMON NELSON-SWEATT

• Mr. PAUL. Mr. President, I rise today to honor the life of Quincy Ramon Nelson-Sweatt of Rineyville, KY, who passed away Friday, September 2, 2022, at his home, surrounded by his closest family and covered in love.

Quincy was born 9 years ago today, on February 1, 2014, to Timothy Sweatt and Natalie Nelson in Elizabethtown, KY. He was a student at Rineyville Elementary School, where he was in the third grade. He chose to be extraordinarily positive in the midst of the most challenging time, bravely facing diffuse midline glioma, a terminal cancer of the brain and spinal cord.

He never lost his sweet smile that could put anyone at ease—or the way his copper-brown eyes could light up the whole room. He always took such pride in his appearance. From his haircuts and sun-kissed curls to his outfits, he always loved to look his best. Quincy was truly beautiful both inside and out.

Before the date of diagnosis, November 11, 2021, he was a perfectly healthy, active, fun-loving little boy. Within 10 months, he underwent emergency surgery to try to remove the tumor, which was unsuccessful and left him a quadriplegic; he also had 55 rounds of radiation to his brain and spinal cord, along with trying multiple chemotherapy drugs.

He endured the toughest days with grace and positivity that was unmatched. He exhibited such joy, which was undeniably shared with anyone in his presence. Whether he was singing and dancing to his favorite songs or snuggling with his mama or his cats, Sprinkles and Peaches, he knew how to savor the time he had.

His love for life is indescribable. His list of loves was long and as big as his heart. He loved cars, trampoline jumping, singing to his jams, dancing, playing with his cousins that were like siblings, farming, running outside, and time with his family and friends. His favorite hobbies were singing and listening to music, baseball, go-cart riding, swimming, and playing outside. He was passionate about it all.

Quincy was an empathetic and intuitive old soul that made everyone around him feel special and loved. If you ever need inspiration, meditate for just a minute on his life and the love he shared and choose to live with love.

Quincy was preceded in death by his grandmother Gwendolyn paternal Sweatt. Quincy is survived by his parents, Timothy Sweatt and Natalie Nelson; paternal grandparent, Timothy Buckler; maternal grandparents, Byron and Mary Nelson; aunt and uncles on his father's side, Frederick Sweatt, Freda Sweatt, and Stephen Buckler; on his mother's side aunt and uncles Erin Riffle (Jason) and Clint Nelson; his cousins on his mother's side Ava, Caleb, Hudson, and Charlotte Riffle; and his cousins on his father's side Dallas, Rashaud, and Nia Sweatt.

Quincy will live in the hearts of his family and will be missed more than words could ever describe. Happy Birthday, Quincy.

VERMONT STATE OF THE UNION ESSAY CONTEST JUDGES

• Mr. SANDERS. Mr. President, since 2010 I have sponsored a State of the Union essay contest for Vermont high school students. This contest gives students in my State the opportunity to articulate what issues they would prioritize if they were President of the United States.

This is the contest's 13th year, and I would like to congratulate the seven volunteer judges who helped choose the contest winners and finalists. The contest relies on its committed team of judges. The judges take time to review each essay and evaluate the diversity in writing that engages students and will benefit them for years to come. The judges' willingness to participate in this project reflects their dedication to both the students and our state, and for that, I graciously thank them.

The judges include:

Andrew Chobanian of Oxbow High School—participant for one year

Lauren Conti of Stowe High School—participant for one year Jason Gorczyk of Milton High School—par-

ticipant for ten years

Krista Huling of South Burlington High

Krista Huling of South Burlington High School—participant for ten years Mary Schell of White River Valley

School—participant for one year
Sarah Soule of Middlebury Union High
School—participant for five years

Terri Vest of Twinfield Union School & Vermont Virtual Learning Collaborative—participant for thirteen years

I am very proud to enter the State of the Union Essay Contest judges into the Congressional Record to recognize their contributions.●

VERMONT STATE OF THE UNION ESSAY WINNERS

• Mr. SANDERS. Mr. President, since 2010, I have sponsored a State of the Union essay contest for Vermont high school students. This contest gives students in my State the opportunity to articulate what issues they would prioritize if they were President of the United States.

This is the contest's 13th year, and I would like to congratulate the 382 students who participated. It is truly heartening to see so many young people engaged in finding solutions for the problems that face our country. To my mind, this is what democracy is all about.

A volunteer panel of Vermont educators reviewed the essays and chose August Howe as this year's winner. August, a junior at Twinfield Union School, wrote about the impact of misinformation on our society and our democracy. J Lahue, a freshman at Burr and Burton Academy, was the second place winner. J wrote about how to address political polarization. Keenan Wallace, a junior at Twinfield Union School, was the third place winner, with an essay on unions and labor rights.

I am very proud to enter into the CONGRESSIONAL RECORD the essays submitted by August, J and Keenan:

WINNER, AUGUST HOWE, TWINFIELD UNION SCHOOL. JUNIOR

This past Sunday, January 8th, 2023, rioters stormed official capitol buildings in Brazil. The incident parallels in many ways the January 6th attack on the U.S. capitol, the two-year anniversary of which had passed just two days prior to the Brazil riot. Both events were caused, in part, by misinformation campaigns waged primarily on social media platforms. Both instances are extreme examples of what can happen when misinformation forces people into action against problems that don't exist. Both instances are proof as to why the rise of misinformation and fake news on social media is one of the major problems facing our coun-

The past 25 years have seen the rise of the internet and subsequent social media platforms. Starting out as a place to connect with people on a personal level, these platforms have grown to dominate the online landscape and now serve as many people's primary source of information. They have strayed from their original purpose, developing into money generating machines that rely on user's constant engagement. Tapping into people's psychology is the main way social media platforms and those on it obtain such participation, and unfortunately, negative and emotionally-manipulating content is what gains the most attraction. As a result, social media platforms breed negativity, division, and ultimately, distorted opinions that turn into misand disinformation and fake news on just about every subject out there.